



Introduction to
People Camp

FNVW
Friends for a NonViolent World

What is People Camp?

Established in 1972 and sponsored by Friends for a NonViolent World, People Camp is a Quaker based meeting of minds and matters. At People Camp you can expect:



- A welcoming community
- Inspiring workshops
- Respectful discussions
- Intergenerational connections
- Building community through play
- Support to be your best self
- A week that will feed your curiosity

Lakeside

People Camp is held at Northern Pines Retreat Center, a 48-acre camp on the shore of Fish Hook Lake near Park Rapids, Minnesota.

The camp provides canoes, kayaks and standing paddle boards, available to all. Life jackets and paddles of all sizes are stored in the boat house.

A sandy beach lines the large swimming area which includes a water slide near shore and an anchored raft in deeper water.

A long dock separates the boaters from the swimmers and offers benches for watching all the fun. A lifeguard is on duty at the swimming area every afternoon.



Camp Traditions

- ★ **Dinner Bell** rings for meal times and evening snack
- ★ **People Camp Daily News** delivered every morning
- ★ **Morning Meditation** down by the lake
- ★ **Across the Lake Swim** with canoe backup
- ★ **Talent Show** - bring it on!
- ★ **Afternoon Swimming** with lifeguard supervision
- ★ **Tie Dye** - bring your own whites
- ★ **Evening Dance**
- ★ **S'mores around the campfire**
- ★ **Sports** on the green
- ★ **Games** in the dining hall
- ★ **Singing-** bring your instruments and set your voice free



Arrival

When you arrive on Sunday Afternoon:

- Follow signs to check in with the Registrar
 - Pay camp fees
 - Turn in insurance paperwork
 - Get your cabin assignment
- Check in with the Work Share coordinator
 - sign up for your jobs for the week
- Make a name tag
- Drive to your cabin to unload your vehicle
- Move your car to the camp parking lot for the week to create a pedestrian friendly campus
- Join other campers to share our first meal together when the dinner bell rings



Meals

Meals are served at the dining hall with outdoor seating. All meals are prepared by a meal coordinator with camper volunteer assistance.

Breakfast at 7:30

Lunch at 12:00

Supper at 6:00

***We follow MN Servsafe guidelines for cooking and storing food. All campers must wash hands before meals. All meals have vegetarian, vegan and gluten free options.**



Housing



There is a variety of housing at Northern Pines. You will be assigned a place for the week, based on your needs.

- ❖ The Lodge has rooms that sleep 3-10 people.
- ❖ Cabins have bedrooms with bunk beds and sleep 1-4 families. Most of the cabins have refrigerators available for personal food items.
- ❖ Tenting is allowed at camp and tents can be set up by the lake. The housing coordinator can help you find a suitable spot.

Community Work Shares



At People Camp we work together to make the camp run smoothly. Everyone volunteers part of their time toward the collective goal of caring for each other.

Work share sign up is available on Sunday, the day we arrive. All teens and adults are asked to sign up for 11-12 hours of work during the week.

There are many specific jobs. Most revolve around preparing and cleaning up after meals. There are other daily work share options, including child care which occurs during morning workshop time.

Child Care and Youth Programs

While parents attend the morning workshop, child care and youth program coordinators provide engaging activities for children. The children are grouped by age and are supervised by volunteers who create a safe environment and an opportunity for children to get to know one another.

Parents meet with the child care coordinators on Sunday to exchange details about plans for the week, individual needs and accommodations.



Interest groups

- ★ Anyone can offer an interest group at camp. These are flexibly scheduled according to the presenter's choice.
- ★ Examples of interest groups that have been offered are: Ranked choice voting, book club, singing groups.
- ★ To propose an interest group, announce it in the People Camp Daily specifying day, meeting place and time, with an open invitation to those who are interested.



Tips for New Campers



- ❑ The first 24 hours of camp focus on Community Building. Taking part in the activities that are offered will help connect you with people and the rhythm of camp.
- ❑ If you bring your dog remember that it must be supervised at all times: leash, waste pick up, and friendly interaction with campers is expected. There is a \$25 fee and provision for removal if your pet doesn't get along.
- ❑ You will get the most out of camp if you stay all week though it is possible to come for part of the week.
- ❑ We appoint a Town Cryer to go to town daily with a list of camper requests, i.e. batteries, sunscreen, etc. This allows campers to stay engaged with camp without distractions.

Where to from here....



- ❑ For more details click here: www.fnvw.org/peoplecamp
- ❑ [People Camp 2025 Registration Form](#)
- ❑ Contact us with any questions at: peoplecamp@fnvw.org
- ❑ To learn more about FNVW check out our website at: fnvw.org