

Segments & Descriptions

AVP Inside Out

The editors of AVP Inside Out welcome original or permitted-to-publish works in the following segments. For quoted works, please include author, title, year published (print) or accessed (web), and publisher (print) or url (web).

Creative Works

Sharing creative works within our community

Celebrations

Spotlighting outstanding individuals of diverse backgrounds through the lens of current events

Communication Corner

Applying the subtle skills to nurture true communication in everyday conversations

Dear AVP

Advising each other through specific conflict by committee

Send both questions and answers - for what we'd like to be a column for advice by committee.

Dear Community

Providing updates on AVP actions underway within our community

Explore AVP

Reporting on adventures in AVP research and experiences

Meditation

Providing opportunity for personal growth and reflection

Practice AVP

...in our everyday lives

Quotes, Puzzles, Jokes, Cartoons

Reviews

Responding to news, art, performances, & scientific studies in the world

Spiritual Perspectives

Exploring the divine in ourselves and one another. AVP is not religious, but we are spiritual!

Thoughts from the Inside

For MN AVP insiders to communicate across walls

TP in Action

Stories of times Transforming Power (TP) was used to solve a conflict